

**S.E.M.K.A. CALENDAR DATES 2009*****Sunday 23rd August*****Sensei Wataru Shibata 7th Dan (aka Bob Nash 7th Dan) Open Wado Karate Course.**

Hosted by the British Wadokai Karate-do Federation (BWK). Venue: Tanbridge House School Gymnasium, Farthing Hill, Guildford Road, Horsham, West Sussex. RH12 1SR. Time: Part 1 (all grades); 10am-1pm. Part 2 (3rd Kyu & over); 1.30-4.30pm. Cost: Part 1; £20, Part 1 & 2 £35.

Bob Nash 7th Dan was born in Yokohama Japan of mixed parentage, his mother being Japanese and his father American. He spent the first 18 years of his life in Tokyo as Wataru Shibata. Nash Sensei started Wado at the age of six. He has trained under the watchful eye of Hideho Takagi (8th Dan) for many years. Takagi sensei is one of the leading karate technicians in Japan and is currently serving as the Chairman of the JKF Wadokai Technical committee. Nash Sensei is the Chief Instructor for Wado Guseikai USA, an organisation tied to Dr Takagi, and serves on the United States National Karate-do Federation Technical committee. He holds the license of 2nd Kyu instructor. Bob Nash frequently gives seminars in the US, Europe and the Middle East. He currently resides near Seattle Washington, USA.

Seminars

The seminars are presented in a relaxed atmosphere. His aim is to transmit as much information as possible. For this reason there isn't an emphasis on physical exertion but he always guarantees that 'your brains will be hurting' after the seminar.

Note taking is encouraged because it is not possible to remember all the material that is covered during the seminar. Techniques are explained in a way that is relevant to practitioners of varying levels of expertise. Novices as well as experienced black belts will find his seminars enlightening, informative and challenging. JKF-Wadokai, founded by Hironori Ohtsuka 1934, is the largest Wado organisation in the world.

This course is pre book ONLY, please fill out form on back page

Open to all EKF Licensed Members only.

THIS COURSE MUST BE BOOKED IN ADVANCE DUE TO LIMITED SPACES. For further details please contact: Paul Elliott 6th Dan Tel: 01403 218327 Mob: 07778 058482 Email: semka@btopenworld.com

Gary E Swift 7th Dan. Tel: 01752-493210. Email: garyswift@wadokai.co.uk

SEPTEMBER

Sunday 6th S.E.M.K.A Black Belt and 1st Kyu Standardization Course. The course is open to all S.E.M.K.A/BWK. of 1st Kyu and above. All students of these grades from S.E.M.K.A. must attend these courses. At Tanbridge School Guildford Road, Horsham West Sussex. RH12 1SR. 10.00am to 1.00pm price £12.00 Instructor Paul Elliott 6th Dan Renshi For further details, please contact: Paul Elliott 6th Dan 01403218327 semka@btopenworld.com

Sunday 13th S.E.M.K.A. Pre Grading Kata Course. . Open to all Students covering all the Katas. Ideal warm up for anyone taking grading this month and Black Belt grading in the coming months. At Tanbridge School Guildford Road, Horsham 10.00am to 1.00pm price £12.00 Instructor Paul Elliott 6th Dan Renshi For further details, please contact: Paul Elliott 6th Dan 01403218327 semka@btopenworld.com

Sunday 20th S.E.M.K.A. Pre Grading Blocks Course. Open to all Students covering Sanbon Gumite, Ohyo Gumite, Kihon Gumite SEMKA Blocks, Kumite Gata.

Ideal warm up for anyone taking grading this month and Black Belt grading in the coming months. At Tanbridge School Guildford Road, Horsham West Sussex. RH12 1SR. 10.00am to 1.00pm price £12.00 Instructor Paul Elliott 6th Dan Renshi For further details, please contact: Paul Elliott 6th Dan 01403218327 semka@btopenworld.com

Saturday 26th British Wadokai Open Standardisation Course Part 3.

Includes all British Wadokai Tai-sabaki of Idori no-kata kneeling defences, Tantodori-no-kata (knife defences), and Mutodori-no-kata (sword defences). (Please bring Bokken, or 3' length of broom handle, for Muto-dori training).

This course is compulsory for students wishing to take any Dan grading. Instructor: Gary E Swift, 7th Dan. Venue: Shin Ichi Do Club, Hut 15, Tilgate Recreation Centre, Crawley, Sussex. RH11 9LB. Time: 10am-2pm. Price of Course: £15. BWK Licenced Members £12. Download information on Part 3 Course [here](#) Email: garyswift@wadokai.co.uk Open to all EKF Licensed Members only. This course is pre book ONLY, please download the application form -

Sunday 27th S.E.M.K.A. Kyu Grading at Horsham Karate Club Tanbridge School Open to all senior grades and juniors grades taking green belt and above. 9.30am to 1.00pm. See you instructor to check if you are able to grade.

OCTOBER

Sunday 4th Black Belt and 1st Kyu Standardization Course. The course is open to all S.E.M.K.A./BWK. of 1st Kyu and above. All students of these grades from S.E.M.K.A. must attend these courses. At Tanbridge School Guildford Road, Horsham 10.00am to 1.00pm price £12.00 Instructor Paul Elliott 6th Dan Renshi For further details, please contact: Paul Elliott 6th Dan 01403218327 semka@btopenworld.com

Sunday 18th Tonfa Open Weapons Course Level 2. This is the second course teaching the student how to use the tonfa. This will cover Introduction of the Weapon and the syllabus which includes Gripping, Stances, Blocks and Stikes Time: 10.00am-1.00pm Cost: £12.00 Venue: Tanbridge House School Gym, Farthing Hill, Guildford Road, Horsham, West Sussex. RH12 1SR.. You must bring a tonfa or have order one, wood for Seniors rubber for Juniors. Instructor: Paul Elliott 6th Dan Renshi You must book for this course . To book/more details please contact: Paul Elliott 6th Dan Tel: 01403 218327 Mob: 07778 058482 Email: semka@btopenworld.com.

Sunday 25th S.E.M.K.A. Black Belt Written Exam Course. Open to all SEMKA/BWK members, all grades. Venue: Tanbridge School Guildford Road, Horsham. (NB: Course will be held in the meeting room, which is in one of the mobile classrooms between the gym and the main hall.) Time: 9.30am to 1.30pm Price: £20.00 Instructor: Paul Elliott 6th Dan Renshi This course is designed to help all students with their 1st, 2nd & 3rd Dan examination, please bring pen & paper. You must book for this course please contact: Paul Elliott 6th Dan Tel: 01403 218327 Mob: 07778 058482 Email: semka@btopenworld.com.

NOVEMBER

Sunday 1th Black Belt and 1st Kyu Standardization Course. The course is open to all S.E.M.K.A./BWK. of 1st Kyu and above. All students of these grades from S.E.M.K.A. must attend these courses. At Tanbridge School Guildford Road, Horsham 10.00am to 1.00pm price £12.00 Instructor Paul Elliott 6th Dan Renshi For further details, please contact: Paul Elliott 6th Dan 01403218327 semka@btopenworld.com

Sunday 15th S.E.M.K.A. Pre Competition Kata & Gyo Course. . Open to all Students covering all the Katas. Ideal warm up for anyone taking BWK competition this month and grading in the coming months. At Tanbridge School Guildford Road, Horsham 10.00am to 1.00pm price £12.00 Instructor Paul Elliott 6th Dan Renshi For further details, please contact: Paul Elliott 6th Dan 01403218327 semka@btopenworld.com

Saturday 21st Traditional British Wadokai Kata & Gyo Open Championships.

Open to all British Wadokai Clubs and Individuals. APPLICATIONS BEFORE 14th November 2009.

Venue: Tanbridge School, Guildford Road, Horsham, West Sussex.

Book-in: With Licence (for EKF Chit Number inspection), 9.30am. (No more bookings after 10.15am).

Eliminations: 10.30am.

Categories for all ages and levels. Events: Individual Kata, Pairs Kata, Pairs Gyo. The official Kata for will consist of British Wadokai (WIKF based) Kata: Pinan Shodan, Nidan, Sandan, Yodan, Godan. Ku-Shanku, Nai-Hanchi, Seishan, Chinto, Bassai, Wanshu, Ni-Sei-Shi, Rohai, Ji-tte, Ji-han, Ji-in, Suparinpei.

Gyo requirements – last between 60-70 seconds and possess no props/aids, etc. Due to location, it may be advised to bring a packed-lunch/refreshments etc.

Correct Dress Code: Competitors must wear clean white Gi. Judges **must** wear blazer, white shirt/tie, black trousers and soft footwear (no shoes), etc.

For an Information Pack & Application Form, please contact Paul Elliott Renshi. 54, Billingshurst Road, Broadbridge Heath, Horsham, West Sussex. RH12 3LW.

Email: semka@btopenworld.com

Website: www.semka.co.uk

Open to all BWK/EKF Licensed Members only.

Sunday 29h S.E.M.K.A. General Course. Open to all Students covering Sanbon Gumite, Ohyo Gumite, Kihon Gumite SEMKA Blocks, Kumite Gata., Kata , Basics and combinations
Ideal warm up for anyone taking grading this month and Black Belt grading in the coming months. At price £12.00 Instructor Paul Elliott 6th Dan Renshi For further details, please contact: Paul Elliott 6th Dan01403218327 semka@btopenworld.com

December

Saturday 5th S.E.M.K.A. Pre Grading Black Belt Training Session at Shin Ichi Do Club, Hut 15, Tilgate Recreation Centre, Crawley 10.00am - 1.00pm. Price £12.00

Sunday 6th S.E.M.K.A Black Belt Grading at Horsham Karate Club Tanbridge School Open to all senior grades and juniors grades taking 1st Dan & 2nd Dan 9.30am onwards.. See you instructor to check if you are able to grade.

Saturday 12th S.E.M.K.A. Pre Grading Training Session at Shin Ichi Do Club, Hut 15, Tilgate Recreation Centre, Crawley 10.00am - 1.00pm. Price £10.00

Sunday 13th S.E.M.K.A. Kyu Grading at Horsham Karate Club Tanbridge School Open to all senior grades and juniors grades taking green belt and above. 9.30am to 12.30pm.
See you instructor to check if you are able to grade.

Friday 19th SEMKA end of year presentation Party Tanbridge School Guildford Road, Horsham West Sussex.RH12 1SR.6.00pm to 9.00pm

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Join our S.E.M.K.A Yahoo group at
www.uk.groups.yahoo.com/group/semka
Web Site
www.semka.co.uk

Dear Members

Those of you with a good memory will know that up to a few years ago SEMKA ran Kumite (Free fighting) competitions this had to stop due to the condition of the mats we where using.

To purchase some new ones we would need approximat 1,200 pounds if anyone has got any good ideas how we can raised this amount of money please contact me asap

Sensei Paul Elliott 01403218327 /07778058482

semka@btopenworld.com

British Wadokai Foundations

Left; Paul Elliott (6th Dan) Renshi. Right; Gary E Swift (7th Dan) Kyoshi. Circa 1978. Training in the foundations of *British Wadokai*.

About British Wadokai Wado-ryu Karate was introduced into the UK by Suzuki Tatsuo Hanshi in the early 1960's, under the direct guidance of Ohtsuka Hironori Meijin. Suzuki Sensei was Ohtsuka Meijin's most senior Instructor and he was given the responsibility of setting up Wado under the Japanese Karate Federation throughout the whole of Europe; *the forerunner to the Federation of European Wadokai (FEW)*.

The organisation that Suzuki Hanshi founded in the UK was first known as the United Kingdom Karate-do Federation (UKKF), later to be known as the United

Kingdom Karate-do Wadokai (UKKW). This first Wado was still guided and maintained by Ohtsuka and with the exception of the Sanbon-gumite and Ohyo Gumite, which was created by Suzuki Hanshi, was a result of Ohtsuka Meijin's own 'authentic' Wado karate-do at that time.

My own Wado was a result of this direct lineage from Ohtsuka through Suzuki, and has never been influenced by any other Wado outside of the UKKF/W - *at the time I knew of no other Wado* .

In 1976, during the visit from Ohtsuka Meijin to England, I trained under Ohtsuka Meijin. Many of the techniques I learnt from him 'first hand' have never been changed or altered. The concept of Nagashizuki and many of the elements of Kihon-gumite have been ingrained into me from that visit. My 4th Kyu grading was conducted by Ohtsuka Meijin, *and I am privileged and honoured to have his signature still on my UKKF licence from that day*.

In 1982 Ohtsuka Meijin passed away, and left behind a great legacy for all of us to follow.

However, following his passing, there was split after split within the Wado fraternity and Wado took on many different directions. During that time, *although I was training at one of these 'split' groups* ; I also trained with the UKKW and maintained my 'authentic' Wado.

I was still training under the direction of Suzuki Hanshi until at the end of 1989 when I decided that I needed to move on as the politics, *even within the UKKW*, became too much to handle. The politics revolved, I believe (through rumours), around the Founder's son wanting to change various aspects of his father's Wado, which Suzuki Hanshi disapproved of (again I must emphasise, that this was the rumour that was going around the Dojo at the time).

Soon after this, Wado had another big split, this time with the parting of Suzuki Hanshi (and other Japanese Instructors) from what was then, and now, the Wado Renmei.

In British Wadokai we still train with the Sanbon-gumite, which are very much misunderstood today, and in many Wado schools they have even been removed completely, which is such a shame as they can reflect so much of the Ju-Jutsu aspects and principles within them (continual contact, distancing, entering, etc.).

The Ohyo-gumite, which encourages aspects of free-fighting; *another very important aspect of all Wado* . Again, these are often misunderstood and have been taken out by many Wado Schools. However, saying this, some schools have replaced the *original* Ohyo-gumite with some more up-to-date versions, which also reflect these similar concepts within them. Whilst Funikoshi Gichin maintained that all combat techniques are contained within Kata, Ohtsuka Meijin maintained fighting practise itself was an important element for combat - *To learn combat, you must learn practical fighting techniques* .

I have been very privileged and lucky and have learnt much from many Japanese Wado Instructors throughout my time, and I have added to the training many new aspects, such as Tanto-dori, Idori, Muto-dori, etc. British Wadokai is what it is, 'British Wadokai' - no more, no less; *this is from where the Wado of today has evolved*.

"A flower is only as good as the roots that produce it. Ignore the roots and the flower will perish." Gary E Swift.





Training Course Application Form

This form may be used for all British Wadokai Training Courses.

Contact Details (please write clearly).

Name.....

Address.....

..... Post Code.....

Telephone..... Mobile.....

Email Address.....

BWK Licence Number ____ Required for BWK Members only.

I would like to attend the following course/s:

Course Description & Venue	Date	Cost
	Total Cost Enclosed	£

Please make cheques payable to British Wadokai .

Due to booking of facilities: Application for event/s MUST be in prior to at least 2 weeks of event date .

If for any reason a course is cancelled you will be refunded your payment immediately.

Please send this form including *Full Payment* to:
BWK Office, 57 South Hill, Hooe, Plymstock, Plymouth, Devon. PL9 9PT.